

2025-2026 Plan on the Use of the Life-wide Learning and Sister School Grant  
Ho Lap College (Sponsored by Sik Sik Yuen)

May 2025 ver.

Schools are required to upload this Plan on the Use of the Life-wide Learning and Sister School Grant endorsed by their SMCs / IMCs to the school website for the sake of enhancing transparency and in accordance with the established practices.  
Our school will use this Grant in compliance with relevant requirements as stipulated in circulars, guidelines and other documents issued by the EDB. Our school understands that in case of inappropriate use of the Grant, our school should make good relevant expenses by deploying other suitable resources.

Category 1: Details of Activities

No.	Name and Description of the Activity	Proposed Date	Objective(s) of the Activity	Target & Estimated Number of Participants (Fill in the estimated number of participants of each type; please indicate "0" if a particular type is not involved)				Estimated Expenses (\$)	Name(s) of Mainland sister school(s) (If sister school exchange activity is involved)	Category of the Activity^		Evaluation Method^	
				Students (Please specify levels and number)	Teachers	School Management	Others (Please specify target and number)			(Select one or more suitable option(s) from the pull-down list)	(If "A9 Others" is chosen, please provide details in this column)	(Select one or more suitable option(s) from the pull-down list)	(If "B7 Others" is chosen, please provide details in this column)
1.1	Local Activities (including online exchanges)												
1	Table Tennis Team Training	Whole year	To enhance their skills and fitness and teamwork	S1-S6 (20)	CM	P.E.		\$50,000.00		A4 Physical and Aesthetic Development		B5 Observation	
2	Girls Basketball Team Training	Whole year	To enhance their skills and fitness and teamwork	S1-S6 (30)	LHT	P.E.		\$60,000.00		A4 Physical and Aesthetic Development		B5 Observation	
3	Boys Football Team Training	Whole year	To enhance their skills and fitness and teamwork	S1-S6 (40)	WT	P.E.		\$55,000.00		A4 Physical and Aesthetic Development		B5 Observation	
4	Badminton Team Training	Whole year	To enhance their skills and fitness and teamwork	S1-S6 (40)	LHT	P.E.		\$55,000.00		A4 Physical and Aesthetic Development		B5 Observation	
5	Volleyball Team Training	Whole year	To enhance their skills and fitness and teamwork	S1-S6 (25)	CM	P.E.		\$48,000.00		A4 Physical and Aesthetic Development		B5 Observation	
6	Boys Handball Team Training	Whole year	To enhance their skills and fitness and teamwork	S1-S6 (40)	PU	P.E.		\$55,000.00		A4 Physical and Aesthetic Development		B5 Observation	
7	Boys Basketball Team Training	Whole year	To enhance their skills and fitness and teamwork	S1-S6 (50)	WT	P.E.		\$70,000.00		A4 Physical and Aesthetic Development		B5 Observation	
8	Fitness Training Course	Whole year	To enhance their skills and fitness and teamwork	S1-S6 (20)	WT	P.E.		\$10,000.00		A4 Physical and Aesthetic Development		B5 Observation	
9	Athletics Team Training	Whole year	To enhance their skills and fitness and teamwork	S1-S6 (30)	CM	P.E.		\$45,000.00		A4 Physical and Aesthetic Development		B5 Observation	
10	Rugby Team Training	Whole year	To enhance their skills and fitness and teamwork	S1-S4 (30)	WT	P.E.		\$20,000.00		A4 Physical and Aesthetic Development		B5 Observation	
11	Leadership Training Programme (CCA) -- Leadership Training Camp	Whole year	To strengthen their skills and become more responsible, motivated and capable leaders.	S2-S5 (30)	PU/CCF	CCA		\$45,000.00		A1 Values Education		B5 Observation	
12	Inter-house English Musical Competition	Nov 2025 - May 2026	To enhance their English presentation , singing and dancing skill.	S1-S5 (120)	KSF	CCA		\$95,000.00		A4 Physical and Aesthetic Development		B4 Interview	

13	S.1 Life-wide Learning Day	2nd term	To encourage students to learn outside classroom	S1 (120)	WT	CCA		\$48,000.00		A2 Intellectual Development		B5 Observation	
14	S.2 Life-wide Learning Day	2nd term	To encourage students to learn outside classroom	S2 (120)	TY	CCA		\$9,000.00		A5 Career-related Experiences		B5 Observation	
15	S.3 Life-wide Learning Day	2nd term	To encourage students to learn outside classroom	S3 (120)	YSY	CCA		\$25,000.00		A4 Physical and Aesthetic Development		B5 Observation	
16	S.4 Life-wide Learning Day	2nd term	To encourage students to learn outside classroom	S4 (120)	KSF/LHY	CCA		\$25,000.00		A4 Physical and Aesthetic Development		B5 Observation	
17	S.5 Life-wide Learning Day	2nd term	To encourage students to learn outside classroom	S5 (120)	TY	CCA		\$9,000.00		A5 Career-related Experiences		B5 Observation	
18	CCA Visit & Tour	Whole year	To provide life-wide learning experience to students	S1-S6 (200)	PU / CCF	CCA		\$30,000.00		A2 Intellectual Development		B5 Observation	
19	Uniform Group -- SSY Flag-guards	Whole year	To enhance the flag raising skill and the awareness of national security of students	S1-S5 (20)	TYM	CCA		\$20,000.00		A6 Patriotic Education		B5 Observation	
20	School Picnic	1st term	To uphold the spirits of the classes	S1-S2 (240)	KA	CCA		\$16,000.00		A1 Values Education		B5 Observation	
22	Visits to M+Museum and Palace Museum	2nd term	To visit Museum & explore different Artworks	S2 (120)	LME	CCA		\$16,000.00		A4 Physical and Aesthetic Development		B5 Observation	
23	Visual Arts Workshops	1st term	To enhance students' creative thinking skills	S3-S6 (30)	LHY	Arts		\$30,000.00		A4 Physical and Aesthetic Development		B5 Observation	
24	Anti- bullying experimental programme	1st term	Understanding bullying from different perspectives, through group games and discussions, allows students to reflect on whether they have become bullies unknowingly.	S2 (130)	WT	DC		\$10,000.00		A8 Student Mental Health		B5 Observation	
25	Physics in Motion for amusement rides	post exam	To enhance students' interest in science learning	S4 (28)	CCF	PHY		\$6,000.00		A2 Intellectual Development		B5 Observation	
26	Cooking competition and workshops	Whole year	To enhance students' culinary skills, promote teamwork and healthy eating	S1-6 (30)	PWC	HE		\$6,000.00		A5 Career-related Experiences		B5 Observation	
27	Coral Cultivation Campus Program 2025-2026	Whole year	To arouse students' awareness on marine conservation	S1 - S6 (30)	Bio Ts	Bio / IS		\$15,000.00		A7 Digital Education, Artificial Intelligence and STEAM Education		B5 Observation	
28	Beetle Nurturing Project	Whole year	To arouse students' interest in Biology	S1 - S4 (240)	Bio Ts	Bio / IS		\$20,000.00		A2 Intellectual Development		B5 Observation	
29	S6 Goal Setting Workshop for preparation of release of HKDSE Results	2nd term	To better prepare our S6 students for the HKDSE and enhance their spirit of goal setting	S6 (120)	TY	Career		\$18,000.00		A5 Career-related Experiences		B5 Observation	

30	Career Exploration Programme	Whole year	To relate personal growth and changes to life/career planning	S1-S6 (120)	TY	Career		\$24,000.00		A5 Career-related Experiences		B5 Observation	
31	Visits to University Campus or Companies	Whole year	To be more aware of the opportunities and constraints of various study choices or options	S1-S6 (250)	TY	Career		\$20,000.00		A5 Career-related Experiences		B5 Observation	
32	CS Visit Sing Tao/ Warzone	2nd Term	To enhance students' information Literacy/ To enhance students' global citizenship	S4-S5 (240)	KA	CS		\$16,000.00		A1 Values Education		B5 Observation	
33	F.5 2-day field camp (by Ho Koon Field study centre )	5-6 Feb 2026	To cultivate students' interest in learning Geography	S5 (30)	YY	Geog		\$9,000.00		A2 Intellectual Development		B5 Observation	
34	F.4 Geog field Trip (by Ho Koon Field study centre )	11 Mar 2026	To cultivate students' interest in learning Geography	S4 (30)	YY	Geog		\$3,500.00		A2 Intellectual Development		B5 Observation	
35	F.6 Geog field Trip (by Ho Koon Field study centre )	10 Sept 2025	To cultivate students' interest in learning Geography	S6 (30)	YY	Geog		\$3,500.00		A2 Intellectual Development		B5 Observation	
36	Visiting the media	2nd Term	To cultivate students media and information literacy	S4-S5 (240)	TCH	MCNE		\$8,000.00		A1 Values Education		B5 Observation	
37	Learning Skills Workshop	1st term	To enhance students' academic performance by equipping them with effective learning strategies, time management skills, and critical thinking techniques.	S3-S4 (240)	YY, LS	AC		\$35,000.00		A2 Intellectual Development		B5 Observation	
38	HLC Social Service Team	Whole year	To foster a sense of responsibility and active participation in civic life	S1-S6 (240)	TCH	MCNE		\$30,000.00		A3 Community Service		B5 Observation	
39	Value and moral education activity	Whole year	To cultivate students' positive values and attitudes	S1-S6 (240)	TCH	MCNE		\$10,000.00		A1 Values Education		B5 Observation	
40	Leadership training camp	1st Term	To enhance student leaders' problem-solving skills	S3-S5 (30)	YSY	SD Committee		\$50,000.00		A1 Values Education		B5 Observation	
41	SDGs Educational program	Whole year	To nurture students' international perspectives and sense of social responsibility	S1-S6 (720)	YSY	SD Committee		\$40,000.00		A2 Intellectual Development		B5 Observation	
42	Go Park Sai Sha Experience Trip	1st Term	To cultivate students interest in sport	S4-S5 (50 )	WT	PE		\$12,000.00		A4 Physical and Aesthetic Development		B5 Observation	
43	Sex Education	Oct-Dec 2025	To provide S1-S5 students with a proper channel for sexual knowledge	S1-S5 (600)	CE/HT	SC		\$40,000.00		A1 Values Education		B5 Observation	
44	Positive Education Programme	Whole year	To increase students awareness of their character strengths and ability, as well as to create a caring and harmonious learning environment.	S4-S6 (360)	CE/HT	SC		\$40,000.00		A1 Values Education		B5 Observation	
45	THS Learning activities outside school	Whole year	To enrich students' learning experiences by providing hands-on opportunities	S4-S6 (40)	KW	THS		\$13,000.00		A2 Intellectual Development		B5 Observation	

46	Orientation Programme	whole year	To prepare incoming students for a smooth transition into secondary education by familiarizing them with the school environment, curriculum expectations, and essential academic skills, while fostering a sense of community and belonging.	S1 (120)	LS	Eng		\$30,000.00		A2 Intellectual Development		B5 Observation	
47	Biology Field Study	1st term	To strengthen students' learning confidence in biology	S5 (30)	CHH	Biology		\$5,600.00		A2 Intellectual Development		B5 Observation	
48	Science Week	2nd term	To strengthen students' learning confidence in biology	S1-S5 (240)	CHH	Biology		\$1,000.00		A2 Intellectual Development		B5 Observation	
49	Marine Conservation - Nature Education Workshop and visit of the Ocean Park	2nd term	To strengthen students' learning confidence in biology	S4 (30)	CHH	Biology		\$4,900.00		A2 Intellectual Development		B5 Observation	
50	S.1-3 Field Trip Coach Services	2nd term	To cultivate students' interest in learning Geography	S1-S3 (50)	YY	Geog		\$5,000.00		A2 Intellectual Development		B5 Observation	
51	Activities of Geog. Society	whole year	To cultivate students' interest in learning Geography	S1-S5 (50)	YY	Geog		\$5,000.00		A2 Intellectual Development		B5 Observation	
52	Music training programme	Whole year	To cultivate students' interest in music performance.	S1-S5 (120)	KSF	Music		\$175,000.00		A4 Physical and Aesthetic Development		B5 Observation	
53	Music event	Whole year	To enrich students' music exposure by performing, and attending concerts and workshops.	S1-S5 (30)	KSF	Music		\$25,000.00		A4 Physical and Aesthetic Development		B5 Observation	
54	English Movie / Drama Appresication Activities	2nd term	To spark interest in literature and storytelling by engaging students in fun discussions and analysis of films and dramas, helping them connect with themes and characters in an enjoyable way.	S1-S5 (600)	LS/PS	Eng		\$20,000.00		A2 Intellectual Development		B5 Observation	
55	English Camp	1st term	To immerse students in an engaging environment where they can practice English language skills through interactive activities, games, and discussions	S3-5 (30)	LS/PS	Eng		\$40,000.00		A1 Values Education		B5 Observation	
56	Sister School Scheme (Visit of Sister Schools in HK)	Whole year	To improve understanding and communication, promote cultural exchange, and achieve mutual advancement in educational quality among Sister Schools.	S1-6 (30)	TCH	MCNE		\$6,000.00	Guangzhou Zhixin High School Pazhou Experimental School	A1 Values Education		B5 Observation	

Total estimated expenses of item 1.1								\$1,582,500.00					
1.2	Non-local Activities												
1	Overseas Study Tour outside HK (1)	2nd term	To promote life-wide learning, develop students' multiple intelligences, enrich their life experience	S2-S5 (30)	PU	CCA		\$200,000.00		A2 Intellectual Development		B3 Professional Sharing in School	
2	Overseas Study Tour outside HK (2)	2nd term	To promote life-wide learning, develop students' multiple intelligences, enrich their life experience	S2-S5 (30)	PU	CCA		\$200,000.00		A2 Intellectual Development		B3 Professional Sharing in School	
3	S.3 Study Tour	01 Jul 2026	To enhance students' national identity	S3 (120)	TCH	MCNE		\$35,000.00		A1 Values Education		B5 Observation B3 Professional Sharing in School	
4	Oversea Stem competition	01 Nov 2025	To showcase students' STEAM skills on an international stage	S5 (3)	HK	ITC		\$20,000.00		A7 Digital Education, Artificial Intelligence and STEAM Education		B5 Observation B3 Professional Sharing in School	
5	Sister School Scheme	Whole Year	To improve understanding and communication, promote cultural exchange, and achieve mutual advancement in educational quality among Sister Schools.	S1-S6 (30)	TCH	MCNE		\$159,439.00	NAS Nantong School / Guangzhou Zhixin High School Pazhou Experimental School / Hangzhou Xiayan Middle School (The contract is unsigned )	A1 Values Education		B5 Observation	
(Please insert rows above if the space provided is insufficient.)													
Total estimated expenses of item 1.2								\$614,439.00					
Total estimated expenses (sum of items 1.1 and 1.2)								\$2,196,939.00					

Name of Teacher Responsible for Life-wide Learning:	Mr. CHAN PUI CHUNG	Position:	Vice Principal
Name of Teacher Responsible for the Sister School Scheme:	Mr. TUNG CHI HO	Position:	Department Head of MCNE