



嗇色園主辦可立中學
Ho Lap College
(Sponsored by Sik Sik Yuen)

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Ho Lap College 55th Anniversary Banquet

On November 9, 2024, Ho Lap College (Sponsored by Sik Sik Yuen) held a grand banquet to commemorate its 55th anniversary. The event, hosted by the Ho Lap College Alumni Association, brought together distinguished guests for an evening of celebration and reflection.



The banquet highlighted the rich history and achievements of our school. Attendees enjoyed a sumptuous dinner while reminiscing about their experiences and the impact of Ho Lap College on their lives.

The event not only celebrated the past but also fostered connections among attendees, bridging generations and enriching the overall experience. With a spirit of camaraderie and nostalgia, the evening served as a reminder of the enduring legacy of Ho Lap College and its commitment to excellence.





Ho Lap College 55th Anniversary Open Day



On November 30, 2024, the 55th Anniversary Open Day of Ho Lap College (Sponsored by Sik Sik Yuen) was held. It was an event that attracted a diverse audience of parents, alumni, and community members. The day was filled with a series of engaging activities, including campus tours, interactive exhibitions, and informative presentations that highlighted the achievements and educational offerings of our school over the years.

Visitors had the opportunity to explore various booths showcasing student projects, extracurricular activities, and academic programs, providing a comprehensive insight into the vibrant life at Ho Lap College. The event was marked by the enthusiastic participation of our student helpers, who played a crucial role in facilitating the day's activities and ensuring a welcoming atmosphere for all attendees.



Overall, the Open Day not only celebrated the college's rich history but also fostered connections among current students, alumni, and parents, reinforcing the strong sense of community that defines Ho Lap College. The enthusiasm and engagement from participants made the occasion a memorable experience, setting a positive tone for future events.

Open Day *English Activities*

Ho Lap College (Sponsored by Sik Sik Yuen) held its Open Day on November 30, 2024. To mark the occasion, the English Department showcased an innovative way of learning English through three activities: the "Feed the Monster- Adjective Order game," the "Mystery Box," and a lovely "Book Café" experience. These activities aimed to deepen the knowledge of language concepts and stimulate authentic language acquisition for our guests. Coupled, they provided an incredible opportunity for families to immerse themselves in the learning process, encouraging parent-child collaboration.

Feed the Monsters — A Palatable Adjective Treat

At the "Feed the Monster-Adjective Order" game booth, our guests were invited to a whimsical quest — to gather several sausages and feed four cardboard monsters according to their hunger level. Different adjectives describing the shape, size, origin and material of unusual things like books, tables, or even pillows, typical food for the ravenous monsters, were marked on each sausage. The goal was simple but fun: collect the correct sausages to describe things the monsters ate and put them in the right order to form descriptive sentences.

Students responded eagerly, showing syntactic analysis and problem-solving skills as they debated which adjectives best fit their monster's diet. The challenge was playful, keeping them focused, and their excitement was infectious enough for parents to join in the fun. Their elated reactions showed how effective interactive games can be in learning complex concepts such as the adjective order in a sentence.



Mystery Box Game — A Tactile Adventure

The Mystery Box Game provided a contrasting yet equally enjoyable experience! To play the game, students had to stick their hands into two mystery boxes containing different kinds of objects. They had to identify items in the boxes with only their sense of touch! The objective was to describe these hidden objects with descriptive adjectives while exploring them with their hands.

This tactile method of teaching was a hit with students. Many guests expressed a sense of wonder and curiosity as they described the objects' textures, shapes, and sizes. The activity also impressed parents with its creativity as it modelled a fun way to learn vocabulary without the stress of a classroom setting. Furthermore, it reiterated the effectiveness of a hands-on experience in language acquisition.



Book Café Experience — Reading for pleasure

The Book Café was held in the English Room and offered parents and students a warm and inviting space to discover the joys of reading. Mimicking an actual café set-up, the experience showcased reading for leisure in action, where parents and their wards could satiate their literary cravings through books in various genres. Our guests were encouraged to read one of their chosen books and recommend it to the English ambassadors. A small reward in the form of a snack was given for each recommendation. This experience also allowed parents to spend quality reading time with their children and view reading as a shared experience. Students paged through the books with equal fervour, contributing to a lively reading atmosphere.

The 6th MABIK Science Fair



Our school team, HLC EcoAllies, has been awarded the Bronze Award at the 6th MABIK Science Fair, hosted by the National Marine Biodiversity Institute of Korea. Competing on an international stage, our project explored the water purification potential of bivalves, marking our first venture into marine biology. This initiative reflects our commitment to environmental conservation and its benefits to humanity.

6th MABIK Science Fair

Researching on the Water Purification Potential of Bivalvia

Team Name: HLC EcoAllies | Members / Affiliation: WONG YU TING, LO SUM MAN, LONG TSZ KI, CHAN KAM HEI | Supervising Teacher: Ms. YAM SAU YIN

What Draws Our Interest to This Research Topic?
Project called 'Oysters save our seas' in Hong Kong, which inspired us to investigate their efficiency in removing pollutants, allow us to explore not only their purification mechanisms but also to compare their filtration capabilities with other bivalve species.

RESEARCH OBJECTIVE
Assess the feasibility of sustainable bivalve farming to aid in ocean cleaning while considering potential environmental impacts.

RESEARCH METHODS
Site visits and laboratory experiments to examine the purification abilities of bivalves.

IMPACT OF BIVALVE QUANTITY ON WATER PURIFICATION EFFICIENCY
Purification ability depends on the quantity of bivalves rather than their weight. The more the number of oysters involved, the higher the rate of purification on Cu²⁺. Oysters can indeed filter Cu²⁺ in sewage during their filter-feeding process.

REFLECTIONS
There was often a lack of reference to existing literature and the results of previous studies, which led to incomplete factors and potential gaps in our methodology, resulting in significant errors. This experience highlighted the need to minimize assumptions in our experiments.

CONCLUSION
We found that through their filter-feeding process, oysters and other bivalves can effectively purify excess algae and heavy metal ions from seawater. Therefore, this method is theoretically eco-friendly and sustainable for alleviating issues related to the illegal discharge of sewage containing Cu²⁺, as well as algal blooms caused by nutrient pollution (e.g., eutrophication from sewage).

Organizers: MABIK | Sponsors: Ministry of Education

Researching on the Water Purification Potential of Bivalvia

Team Name: HLC EcoAllies
Teacher's Name: Yam Sau Yin
Student's Name: Wong Yu Ting, Kelvin, Long Tsz Ki, Venus, Chan Kam Hei, Heison, Lo Sum Man, Smmal
Affiliation (School): Ho Lap College

secondary Bronze

1. Research Motivation and Purpose

The project specifically assessed the effectiveness of bivalves in addressing sewage challenges in Hong Kong, with the goal of developing an affordable and sustainable solution. We extend special recognition to our dedicated team members: LONG TSZ KI (5B), CHAN KAM HEI (5C), LO SUM MAN (5C), and WONG YU TING (5C) for their hard work and perseverance.





Visit of Rotary International President Stephanie A. Urchick

Our student docents had the opportunity to assist during the courtesy visit of Rotary International President Stephanie A. Urchick. They conducted a guided tour of the Wong Tai Sin Temple, highlighting the rich culture and traditions of the area.

During the tour, Chairman YIU Ka-tung of the Education Committee of Sik Sik Yuen provided insights into the beliefs and customs associated with Wong Tai Sin, enhancing the overall experience. This collaboration exemplified the importance of cultural exchange and strengthened the ties between our community and Rotary International.



我的人生MAP青年市集



“My Life MAP Youth Market Event”

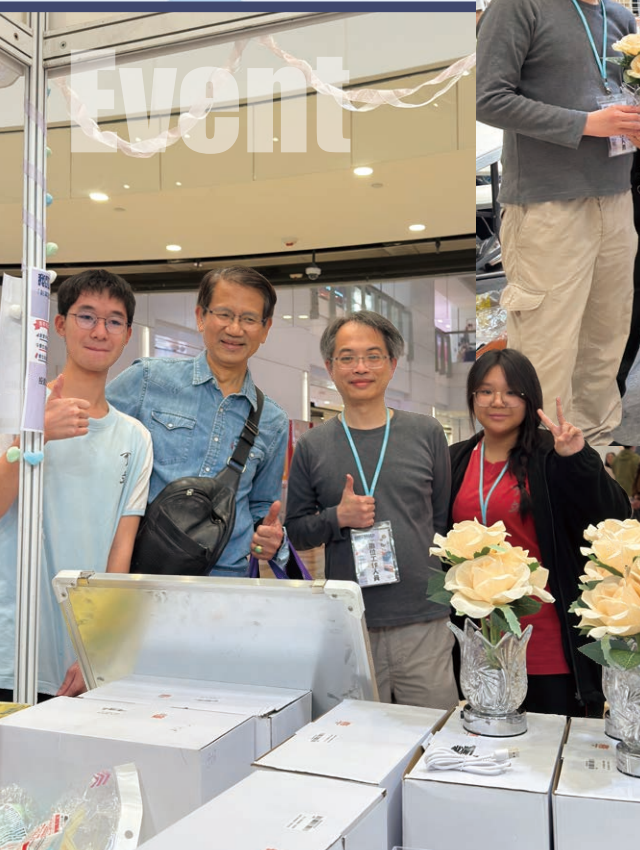


MAP

From February 15 to 16, 2025, our S5 students studying Economics participated in the “My Life MAP Youth Market” event organized by the Home Affairs Bureau and the Hong Kong East District. Prior to the event, the students underwent professional training to prepare for the challenges ahead.



Market Event



Through meticulous planning, they showcased their skills over these two days, effectively integrating the knowledge acquired during training with their classroom learning. This hands-on experience allowed them to develop essential entrepreneurial skills, such as understanding the basics of starting and running a business, product development, and market analysis. They engaged in the joy and challenges of market entrepreneurship, resulting in valuable insights and experiences.

LEADERSHIP Training Camp 2

2024-2025

The annual Leadership Training Camp aims to hone student leaders' leadership and problem-solving skills and foster team spirit through various adventurous activities. Co-organized by the Environmental Education Group and the English Department, this year's camp took place in Mui Wo from November 23 to 24, 2024, with 30 Form 3 to Form 5 student leaders participating.

During the camp, participants engaged in different team-building activities, including kayaking, flag pole making, waterfall canyoning, and an orienteering activity called the Great Race.

These challenges required effective communication and co-operation within teams, focusing on boosting motivation, self-confidence, resilience, and a sense of belonging among student leaders.





Booktasting ADVENTURE

EXPLORING HISTORY THROUGH THE ANNALS OF TIME!



This year, our captivating literary "Book Tasting" soiree returned with much pomp. From 17th to 19th December 2024, the Reading Enhancement group collaborated with the English and History Department to turn S1 History lessons into mini-events that had students buzzing with excitement. The English Room was transformed into a charming literary café, inviting our young readers to expand their historical knowledge beyond the textbooks.

When the book-tasting activity began, students were exposed to the concept of "tasting" a book. They learned to savour cover pages, middle pages and book blurbs as scrumptious 'brain food', tasting a few pages to discover new factoids in each non-fiction book.

This 'tasting' method of pleasurable extensive reading transformed information-packed books about human evolution, ancient civilizations, historical figures and the wars that shaped our world into an engaging adventure that sparked interest and curiosity for historical facts.

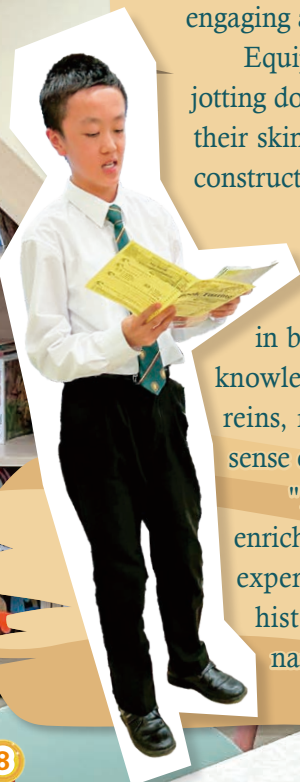
Equipped with books, students comfortably filled book review forms, jotting down first impressions and favourite quotes. The activity sharpened their skimming and scanning reading proficiency and welcomed them to construct independent opinions regarding past events.



Stimulating discussions ensued after each tasting session as students

shared their ideas in small groups. Discussions were animated, and opinions were diverse. The room was charged with excitement as our enthusiastic S1 readers connected events depicted in books curated for the event to ones that they had been studying in history class, deepening their knowledge and delight for both. Surrounded by all the fervour, some enterprising students took the reins, recommending their favourite novels to the crowd. Their passion was contagious, imbuing a sense of curiosity among peers to discover the expansive world of historical books.

"Book Tasting" events have undoubtedly become a cornerstone of our school's reading enrichment programme. Working to inculcate lifelong reading habits, our S1 students' book-tasting experience with history books was much more than reading instruction; it was a celebration of history and literature combined, leaving students with a renewed sense of awe for historical narratives that would stick in their minds long after the final page had been turned.



Health Issues SPOTLIGHT

In celebration of Health Month, our school was delighted to host "Health Issues Spotlight," an initiative meticulously organized by the English Department.

Students had the opportunity to engage in interviews with teachers concerning healthy lifestyles and wellness practices, thereby gaining valuable insights into the significance of health and well-being.

This enlightening activity not only served an educational purpose but also inspired our students to embrace healthier lifestyles. The atmosphere was vibrant, and the discussions generated enthusiasm throughout our school community. Together, we are fostering a culture of wellness.



Alcohol Ink Art Workshop

The school hosted an enriching workshop in October 2024, where Principal Lai instructed students in the art of alcohol ink painting. This event aimed to enhance students' creativity and artistic expression while providing a relaxing and enjoyable atmosphere for them to unwind.

In addition to fostering creativity, the workshop provided students with a valuable opportunity to de-stress and rejuvenate. Engaging in artistic activities can relieve stress and provide a sense of calm, contributing to overall well-being.



學生成就

第十七屆黃大仙區傑出學生選舉



本校五育並重，同學在學術、體藝及服務等方面均衡發展。本年中四曾曉彤同學和中五楊立欣同學在第十七屆黃大仙區傑出學生選舉中分獲初中和高中優秀學生獎，表現卓越，深獲各界肯定。

交流共融：探索國情

「首屆香港中學生升旗隊代表訪京團」



嗇色園轄屬中學的60名師生，包括本校護旗隊隊員於2024年11月28日抵達北京，參與四日三夜的「首屆香港中學生升旗隊代表訪京團」活動，拜訪天安門國旗護衛隊等組織，深刻了解國家及國情，擴闊眼界。國家富強，同學倍感自豪。

廣州南沙考察

三十名中二同學參加由大灣區香港中心舉辦的「香港中小學閃遊大灣區計劃」。他們乘坐高鐵前往廣州南沙，深入探索現代農業及科技的最新發展。



兆科藥業



同學實地考察了多個重要企業，包括「兆科藥業有限公司」、「綠亨育種研究院」和「廣汽科技館」。他們不僅親身體驗不同產業的運作，還深入了解大灣區的多元化產業發展。

這次經歷讓同學思考未來的生涯規劃，對不同的職業有更清晰的認識。



廣州足球俱樂部訓練



本校足球隊到訪廣州足球俱樂部訓練基地，參與四天的足球交流賽暨訓練營。可立足球隊與多支廣東省優秀青年隊伍切磋球技，機會難得，同學樂在其中。

粵方提供了專業的比賽場地和訓練設施，讓隊員沉浸於職業級的交流體驗。此次活動不僅令同學深入了解廣東省的歷史文化及體育發展，還激勵他們設定更高的目標，提升足球水平。

家長教育

可立家長學堂

家庭是孩子的第一教室，家長的品德修養對培育孩子良好價值觀不可或缺。本校德育、公民及國民教育組聯同家長教師會、輔導組及學生支援組攜手成立「可立家長學堂」，透過一系列親職教育課程，讓家長成為子女成長的同行者，期望家長以積極正面的身教，讓子女耳濡目染，增進親子關係。



星級家長講座（第一擊）：麥何小娟女士

2024年10月26日「可立家長學堂」第一擊，誠邀十優女兒麥明詩的母親——麥何小娟女士主講「如何培育子女的自信心及自學能力？」麥女士以自身寶貴的經驗，闡釋培養子女堅毅與勤勞品性的良方，家長獲益良多。



星級家長講座（第三擊）：郭啟晉先生

2025年1月4日，香港城市大學正向教育研究室服務督導郭啟晉先生蒞臨本校主講「如何與子女談生涯規劃？」郭先生為家長提供小點子，讓父母更有效與子女探討生涯規劃的課題，使子女能發揮潛能，實踐人生的目標。

開卷有益

作家講座（張婉雯）

圖書館於十二月邀請張婉雯女士蒞臨本校，為中二和中三學生舉行作家講座。張女士現職香港理工大學中文及雙語學系語文導師，屢獲獎項，作品如《我跟流浪貓學到的十六堂課》、《你在——校園貓的故事》及《那些貓們》等尤關注動物處境和權益。是次活動讓同學思考如何透過珍惜和愛護動物培養同理心，尊重他人，同學深受教益。

