



可立中學(嗇色園主辦)
Ho Lap College (Sponsored by the Sik Sik Yuen)

九龍新蒲崗爵祿街 15 號 15 Tseuk Luk Street, San Po Kong, Kowloon

電話/Tel : (852) 2322 2229 傳真/Fax : (852) 2320 2414

網址/Website : <http://www.holap.edu.hk>



二零二一至二零二二年度

十月份 學校通告

敬啟者：

現有以下重要事項，敬希 台端垂注，並加配合，以收學校與家庭雙軌教育之效。

一、中一至中六級上學期統一測驗安排

本校由二零二一年十月二十八日(星期四)至十一月三日(星期三)舉行中一至中六級上學期統一測驗(請參閱附件一之「測驗時間表」)，測驗範圍將於十月上旬上載學校網頁。敬希督促貴子弟勤加溫習，爭取佳績。

測驗進行期間，學生必須嚴守各項考試規則(請參閱附件二之「學校測驗及考試規則」)，違規者將被扣分。學生於未有安排測驗的日子，毋須回校。有關全學年持續性評估、測驗及考試分數比例可參閱學生手冊第 16 至 17 頁。

二、學校旅行特別安排

由於疫情關係，原定於二零二一年十一月四日(星期四)的學校旅行將順延至下學期舉行，日期待定。二零二一年十一月四日將舉行學校活動日，所有學生必須出席，時間為上午八時三十分至十二時正。當天下午學生不需要出席網課。此外，原先安排在二零二一年十一月五日之補假則維持不變。

三、嗇色園聯校教師專業發展日

二零二一年十月十五日(星期五)為嗇色園聯校教師專業發展日，學生放假一天。

四、「2019 冠狀病毒疫情對青少年之健康及社會影響」問卷調查 (中三級適用)

本校現正參與由香港中文大學香港能力國際評估中心進行的『2019 冠狀病毒疫情對青少年之健康及社會影響』問卷調查，目的在了解 2019 冠狀病毒疫情對不同社經背景的中學生影響較大的健康及社會因素。該調查是一項大型的國際比較研究。

現誠邀 貴子弟參與是次問卷調查，問卷會經由網上發放，大約需 15 至 20 分鐘完成，所得資料絕對保密，只供研究之用。網上連結會稍後經班主任發放，是次調查屬自願性質。

若家長對這項調查有任何疑問，可聯絡本校輔導主任余浩婷老師，或直接致電 3943 3350 向香港中文大學香港能力國際評估中心查詢。

五、「醫教社同心協作計劃」年度問卷篩查 (中五級適用)

為輔導學生身心健康成長，本校於本學年繼續參加由食物及衛生局聯同醫院管理局、教育局和社會福利署由 2016/17 學年起推出的「醫教社同心協作計劃」（「計劃」）。其中，醫院管理局的專責社工或護士將與學校合作進行年度問卷篩查，旨在及早識別並協助受焦慮、抑鬱情緒困擾的兒童及青少年，為他們提供適切的支援服務，包括教育講座、小組活動、評估工作及個案諮詢等，以促進學生的個人成長及心靈健康。

根據外國的經驗，大部份受焦慮情緒困擾的學生，若能及早接受適當的介入服務，焦慮的情緒會有所舒緩。除此之外，學生的同儕、親子、師生關係及學業成績各方面也有機會得到改善。現時，很多先進國家也開始進行以學校為本的方式，希望及早識別受焦慮、抑鬱情緒困擾的學生，儘快為他們提供支援服務。

有關本年度問卷篩查的安排，詳情如下：

第一階段：由學生填寫問卷，初步了解學生的情緒狀況

第二階段：根據問卷調查的結果，醫院管理局的專責社工或護士會透過校方與懷疑受焦慮情緒困擾的學生及家長聯絡，作進一步的跟進

第三階段：為合適的學生提供適切服務，例如「焦慮情緒管理小組」或個別跟進服務

本計劃專責社工或護士將於二零二一年十月期間發放有關問卷予 貴子女填寫，問卷內容只會用於評估、研究及教育之用，個人資料會絕對保密。如有需要，專責社工會進一步邀請家長填寫相關問卷作資料補充，務求提供更適切的支援服務。

如有任何疑問，或希望根據《個人資料 (私隱) 條例》要求查閱或改正本計劃持有的個人資料，請聯絡本校王艷玲老師，或致電 2959 8780 與本計劃專責護士張姑娘聯絡。

有關上述各項通告，台端如有疑問，歡迎致電本校校務處查詢。

此致

貴家長 / 監護人

嗇色園主辦可立中學



校長謹啟

(彭惠蘭校長)

二零二一年九月二十九日



十月份 學校通告

[請於十月五日或之前簽妥電子回條]

【回條】

敬覆者：

頃閱來函，已知悉下列各項通告事宜，本人定當予以配合：

- 一、中一至中六級上學期統一測驗安排
- 二、學校旅行特別安排
- 三、嗇色園聯校教師專業發展日
- 四、「2019 冠狀病毒疫情對青少年之健康及社會影響」問卷調查 (中三級適用)

本人子女樂意參與有關問卷調查。

本人子女不會參與有關問卷調查。

* 請在適當方格內加 “✓” 號

- 五、「醫教社同心協作計劃」年度問卷篩查 (中五級適用)

本人子女樂意參與有關年度問卷篩查。

本人子女不會參與有關年度問卷篩查。

* 請在適當方格內加 “✓” 號

此覆

嗇色園主辦可立中學校長

學生姓名：_____ 班別：_____ 班號：_____

家長姓名：_____ 簽署：_____



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2021-2022
Circular October 2021

29th September 2021

Dear Parents / Guardians,

Please note the following arrangements.

1. Arrangement for F.1 to F.6 Uniform Tests

The First Uniform Test for F.1 to F.6 students will be held from **28th October 2021 (Thursday) to 3rd November 2021 (Wednesday)**. Please refer to *Annex I* for the Uniform Test timetable. The Uniform Test coverage will be uploaded to the school webpage in early October. Please encourage your children to study hard and strive for the best results.

During the test period, all students have to strictly comply with the tests and exams regulations (*Annex II*). Breaching of them will lead to mark penalty. Students who do not have a test on that day do not need to return to school. For the weightings of continuous assessment, uniform tests and examinations, please refer to P.16-17 of the student handbook.

2. Postponement of School Picnic Day

The School Picnic Day, originally scheduled on 4th November 2021, will be postponed to the second term (exact date to be confirmed). Instead, all students are to attend the 'School Activity Day' on 4th November 2021. Students are reminded to return school at 8:30am and the school ends at 12:00nn. No online lessons are scheduled in the afternoon. In addition, the post-picnic school holiday scheduled on 5th November 2021 will remain unchanged.

3. Sik Sik Yuen Joint-schools Staff Development Day

The Sik Sik Yuen Joint-schools Staff Development Day is scheduled on **15th October 2021 (Friday)**. Students are not required to attend any lessons on that day.

4. Survey regarding “The Health and Social Impact of COVID-19 Pandemic on Adolescents” (applicable to F.3 students only)

The school has agreed to take part in a survey conducted by the Hong Kong Centre for International Student Assessment, CUHK regarding “The Health and Social Impact of COVID-19 on Adolescents”. The objective of this survey is to gain a better understanding towards the influence of COVID-19 on secondary school students from different socio-economic backgrounds. It mainly focusses on the more obvious aspects, i.e. health and social factors. This survey is a large-scale study, which compares the data collected across different nations and regions.

We would like to invite your children to take part in this survey. The whole process will be conducted online. The survey takes about 15-20 minutes and the information collected will be used for the specific purpose and kept confidential. **The survey is conducted on a voluntary basis, and the link**

will be disseminated by class teachers soon.

Should you have any queries, please contact our Counselling Mistress, Ms. Yu Ho Ting, or the Hong Kong Centre for International Student Assessment, CUHK directly at 2943 3350.

**5. Student Mental Health Support Scheme – Annual School-based Screening
(applicable to F.5 students only)**

The Food and Health Bureau in collaboration with the Hospital Authority, the Education Bureau and the Social Welfare Department has launched the “Student Mental Health Support Scheme” (Scheme) since the school year of 2016/17. To enhance student mental health and personal growth, our school will continue to join the scheme in this academic year. The appointed Assistant Social Work Officer (ASWO)/psychiatric nurse of Hospital Authority will work with our school to conduct an annual screening in order to early identify and support students with symptoms of anxiety and depressive mood. The scheme also includes educational talks, group work, case assessment and consultation.

According to overseas experience, early interventions can reduce youths’ anxiety symptoms and may improve their relationships with peers, parents and teachers, as well as academic performance. Thus, many schools in developed countries have implemented early identification and intervention programs that target anxiety issues.

Details of the annual school-based screening:

- Stage 1: Students fill out a questionnaire that measures anxiety symptoms
- Stage 2: School personnel contacts students and parents to arrange further assessment for students who exhibit anxiety symptoms based on the screening results
- Stage 3: ASWO/psychiatric nurse provides relevant service to students with anxiety symptoms, e.g., Anxiety management group or individual follow-up

The designated ASWO/psychiatric nurse would invite students to fill out a questionnaire in **October**. Information collected would be used for assessment, research and educational purposes only. Personal data would be kept strictly confidential. If necessary, parents might be invited to fill out supplementary questionnaires for further assessment.

Should you have any questions, or if you would like to access to or amend your personal data held by the Scheme in accordance with the Personal Data (Privacy) Ordinance, you may contact our school teacher, Ms. Wong Yim Ling, or the designated ASWO/psychiatric nurse, Ms. Tam, directly at 2959 8780.

Should you have any other enquiries, please do not hesitate to contact the school.
Thank you very much for your kind attention.

Yours faithfully,

Ms. PANG Wai-lan
Principal



Reply Slip
(Please return the slip on or before 5th October 2021.)

Date: _____

Dear Principal,

I fully understand the following circulars and the contents of which are noted.

1. **Arrangement for F.1 to F.6 Uniform Tests**
2. **Postponement of School Picnic Day**
3. **Sik Sik Yuen Joint-schools Staff Development Day**
4. **Survey regarding “The Health and Social Impact of COVID-19 Pandemic on Adolescents”
(applicable to F.3 students only)**

- My child **would** take part in the survey.
 My child **would not** take part in the survey.

**Please choose the appropriate option.*

5. **Student Mental Health Support Scheme – Annual School-based Screening
(applicable to F.5 students only)**

- My child **would** take part in the scheme.
 My child **would not** take part in the scheme.

**Please choose the appropriate option.*

Parent’s signature: _____

Student’s name: _____

Student’s class & class no.: _____ ()

Ho Lap College (Sponsored by Sik Sik Yuen)
First Uniform Test
Timetable

F.1

Date	Session	Form	Subject	Period	Duration	Venue
2021-10-28 (Thu)	1	F.1	Maths	08:30-09:45	75	1A(304);1B(303);1C(302);1D(301)
2021-10-28 (Thu)	2	F.1	L&S	10:45-11:30	45	1A(304);1B(303);1C(302);1D(301)
2021-10-29 (Fri)	1	F.1	G.E.	08:30-09:30	60	1A(304);1B(303);1C(302);1D(301)
2021-10-29 (Fri)	2	F.1	Geog	10:45-11:30	45	1A(304);1B(303);1C(302);1D(301)
2021-11-01 (Mon)	1	F.1	C. Lang 1	08:30-09:45	75	1A(304);1B(303);1C(302);1D(301)
2021-11-01 (Mon)	2	F.1	C. Hist	10:45-11:30	45	1A(304);1B(303);1C(302);1D(301)
2021-11-02 (Tue)	1	F.1	Hist	08:30-09:15	45	1A(304);1B(303);1C(302);1D(301)
2021-11-02 (Tue)	2	F.1	Science	10:45-11:30	45	1A(304);1B(303);1C(302);1D(301)

Ho Lap College (Sponsored by Sik Sik Yuen)
First Uniform Test
Timetable

F.2

Date	Session	Form	Subject	Period	Duration	Venue
2021-10-28 (Thu)	1	F.2	C. Lang 1	08:30-09:45	75	2A(309);2B(307);2C(306);2D(305)
2021-10-28 (Thu)	2	F.2	Hist	10:45-11:30	45	2A(309);2B(307);2C(306);2D(305)
2021-10-29 (Fri)	1	F.2	Maths	08:30-09:45	75	2A(309);2B(307);2C(306);2D(305)
2021-10-29 (Fri)	2	F.2	Science	10:45-11:45	60	2A(309);2B(307);2C(306);2D(305)
2021-11-01 (Mon)	1	F.2	G.E.	08:30-09:30	60	2A(309);2B(307);2C(306);2D(305)
2021-11-01 (Mon)	2	F.2	L&S	10:45-11:30	45	2A(309);2B(307);2C(306);2D(305)
2021-11-02 (Tue)	1	F.2	C. Hist	08:30-09:15	45	2A(309);2B(307);2C(306);2D(305)
2021-11-02 (Tue)	2	F.2	Geog	10:45-11:30	45	2A(309);2B(307);2C(306);2D(305)

Ho Lap College (Sponsored by Sik Sik Yuen)
First Uniform Test
Timetable

F.3

Date	Session	Form	Subject	Period	Duration	Venue
2021-10-28 (Thu)	1	F.3	G.E.	08:30-09:30	60	3A(204);3B(203);3C(202);3D(201)
2021-10-28 (Thu)	2	F.3	Bio	10:45-11:30	45	3A(204);3B(203);3C(202);3D(201)
2021-10-29 (Fri)	1	F.3	C. Lang 1	08:30-09:45	75	3A(204);3B(203);3C(202);3D(201)
2021-10-29 (Fri)	2	F.3	Hist	10:45-11:45	60	3A(204);3B(203);3C(202);3D(201)
2021-11-01 (Mon)	1	F.3	Maths	08:30-09:45	75	3A(204);3B(203);3C(202);3D(201)
2021-11-01 (Mon)	2	F.3	Geog	10:45-11:45	60	3A(204);3B(203);3C(202);3D(201)
2021-11-02 (Tue)	1	F.3	C. Hist	08:30-09:30	60	3A(204);3B(203);3C(202);3D(201)
2021-11-02 (Tue)	2	F.3	L&S	10:45-11:45	60	3A(204);3B(203);3C(202);3D(201)
2021-11-03 (Wed)	1	F.3	Phy	08:30-09:15	45	3A(204);3B(203);3C(202);3D(201)
2021-11-03 (Wed)	2	F.3	Chem	10:45-11:30	45	3A(204);3B(203);3C(202);3D(201)

Ho Lap College (Sponsored by Sik Sik Yuen)
First Uniform Test
Timetable

F.4

Date	Session	Form	Subject	Period	Duration	Venue
2021-10-28 (Thu)	1	F.4	Maths	08:30-10:00	90	4A(205);4B(206);4C(207);4D(208)
2021-10-28 (Thu)	2	F.4	C.Lit	10:45-12:15	90	4A(205);4B(206);4C(207);4D(208)
2021-10-28 (Thu)	2	F.4	PED	10:45-11:45	60	4A(205);4B(206);4C(207);4D(208)
2021-10-28 (Thu)	2	F.4	VAD	10:45-11:30	45	4A(205);4B(206);4C(207);4D(208)
2021-10-29 (Fri)	1	F.4	CS	08:30-09:10	40	4A(205);4B(206);4C(207);4D(208)
2021-10-29 (Fri)	2	F.4	Phy	10:45-11:45	60	RM209
2021-10-29 (Fri)	2	F.4	Hist	10:45-12:00	75	RM208
2021-10-29 (Fri)	2	F.4	BAFS	10:45-11:45	60	RM209
2021-10-30 (Sat)	1	F.4	C. Hist	08:30-09:50	80	105
2021-10-30 (Sat)	1	F.4	ICT	08:30-09:30	60	106
2021-11-01 (Mon)	1	F.4	C. Lang 1	08:30-10:00	90	4A(205);4B(206);4C(207);4D(208)
2021-11-01 (Mon)	2	F.4	Bio	10:45-11:45	60	4A(205);4B(206);4C(207);4D(208)
2021-11-02 (Tue)	1	F.4	Chem	08:30-09:30	60	4A(205);4B(206);4C(207);4D(208)
2021-11-02 (Tue)	2	F.4	Econ	10:45-11:45	60	4A(205);4B(206);4C(207);4D(208)
2021-11-03 (Wed)	1	F.4	Eng 1	08:30-10:00	90	4A(205);4B(206);4C(207);4D(208)
2021-11-03 (Wed)	2	F.4	Geog	10:45-11:45	60	101-103

Ho Lap College (Sponsored by Sik Sik Yuen)
First Uniform Test
Timetable

F.5

Date	Session	Form	Subject	Period	Duration	Venue
2021-10-28 (Thu)	1	F.5	C. Lang 1	08:30-10:00	90	Hall
2021-10-28 (Thu)	2	F.5	Geog	10:45-12:00	75	101-103
2021-10-29 (Fri)	1	F.5	Eng 1	08:30-10:00	90	Hall
2021-10-29 (Fri)	2	F.5	Chem	10:45-11:45	60	101-103
2021-10-30 (Sat)	1	F.5	M1/M2	08:30-09:30	60	101-103
2021-11-01 (Mon)	1	F.5	LS	08:30-10:25	115	Hall
2021-11-01 (Mon)	2	F.5	Phy	11:15-12:15	60	101-103
2021-11-02 (Tue)	1	F.5	Maths	08:30-10:00	90	Hall
2021-11-02 (Tue)	2	F.5	Econ	10:45-12:00	75	101-103
2021-11-02 (Tue)	2	F.5	C. Hist	10:45-12:20	95	RM206
2021-11-02 (Tue)	2	F.5	ICT	10:45-12:15	90	101-103
2021-11-02 (Tue)	2	F.5	PED	10:45-11:45	60	101-103
2021-11-02 (Tue)	2	F.5	VAD	10:45-11:30	45	101-103
2021-11-03 (Wed)	1	F.5	BAFS	08:30-10:00	90	104
2021-11-03 (Wed)	1	F.5	C.Lit	08:30-10:00	90	105
2021-11-03 (Wed)	1	F.5	Hist	08:30-10:00	90	106
2021-11-03 (Wed)	2	F.5	Bio	10:45-11:45	60	101-103

Ho Lap College (Sponsored by Sik Sik Yuen)
First Uniform Test
Timetable

F.6

Date	Session	Form	Subject	Period	Duration	Venue
2021-10-28 (Thu)	1	F.6	Chem	08:30-09:30	60	101-103
2021-10-28 (Thu)	2	F.6	Eng 1	10:45-12:15	90	Hall
2021-10-29 (Fri)	1	F.6	BAFS	08:30-10:00	90	101-103
2021-10-29 (Fri)	1	F.6	C.Lit	08:30-10:00	90	101-103
2021-10-29 (Fri)	1	F.6	Hist	08:30-10:00	90	101-103
2021-10-29 (Fri)	2	F.6	C. Lang 1	10:45-12:15	90	Hall
2021-10-30 (Sat)	1	F.6	M1/M2	08:30-10:00	90	101-103
2021-11-01 (Mon)	1	F.6	Geog	08:30-10:00	90	101-103
2021-11-01 (Mon)	2	F.6	Maths	11:15-12:45	90	Hall
2021-11-02 (Tue)	1	F.6	Phy	08:30-09:30	60	101-103
2021-11-02 (Tue)	2	F.6	LS	10:45-12:40	115	Hall
2021-11-03 (Wed)	1	F.6	Bio	08:30-09:30	60	101-103
2021-11-03 (Wed)	2	F.6	Econ	10:45-12:00	75	Hall
2021-11-03 (Wed)	2	F.6	C. Hist	10:45-12:20	95	Hall
2021-11-03 (Wed)	2	F.6	ICT	10:45-12:15	90	Hall
2021-11-03 (Wed)	2	F.6	PED	10:45-12:15	90	Hall
2021-11-03 (Wed)	2	F.6	VAD	10:45-11:30	45	Hall

1. The examination centres may either be the school hall, classrooms or special rooms. Students should take note of the location of the examination centres and their seats before the test/examination. They should also read the test/examination timetable carefully.
2. Students should enter the examination centres 15 minutes before the starting time of the test/examination.
3. Students should be punctual for their tests/examinations. No extra time will be given for latecomers.
4. No early leave is allowed during tests/examinations.
5. Students are not allowed to leave the school premises if there is still another test/examination session to be attended.
6. Students have to put all their belongings including textbooks, worksheets and notes in their bags, which have to be zipped up or buckled up and placed under their chairs. All the necessary stationery should be placed on their desks.
7. Talking is strictly prohibited during tests/examinations. If students have any problems or needs, including borrowing stationery from other candidates, they have to make a request to the invigilators.
8. When invigilators announce "Time is up", students have to stop working immediately.
9. Tests/Examinations will be postponed on the announcement of closure of secondary schools by the EDB. Subject(s) affected will be re-scheduled on the following Saturday or the day following the last day of the test/examination. Pay attention to any new arrangement.
10. Students should obey the examination rules and instructions given by the teachers. Any students found breaking the rules may receive mark penalties or even be disqualified from the examination and punished in accordance with the relevant school regulation. Students found cheating in tests/examinations will be disqualified from the examination and punished according to the school regulations.
11. A student who is seriously ill and unable to sit for the examination should inform the school by phone and consult a doctor and seek medical advice. He/She has to obtain a doctor's certificate justifying the absence from the examination and submit it to the class teachers when he/she resumes school. Failing to do so will result in zero mark on the concerned paper.
12. Students absent from an examination may be given an estimated mark based on supplementary examinations, quizzes, continuous assessments and/or past exam performances.

1. 試場可設在學校禮堂、課室或特別室。在測驗或考試前，考生須留意試場及座位位置，亦須細閱測驗及考試時間表。
2. 考生須在測驗或考試開始前 15 分鐘進入試場。
3. 考生須準時應考，遲到考生將不獲額外時間作答。
4. 測驗或考試期間，考生不得提早離開試場。
5. 學生於當日最後一節測驗或考試完畢後，方可離校。
6. 監考老師分發試卷前，學生必須將課本、紙張及筆記等物品放在書包內，將書包拉上拉鍊或扣好，然後放在座位下，所需之文具須放於桌面上。
7. 測驗或考試進行期間，不得與其他同學交談，包括借用文具。如有疑問可先舉手，向監考老師提出。
8. 監考老師宣佈測驗或考試終結時，學生必須立即停止書寫。
9. 若教育局宣佈中學停課，則該日測驗或考試會順延至下一個星期六或所有測驗或考試完成後的第一天舉行，考生須留意最新安排。
10. 考生須遵守考試規則及聽從老師的指示。若有違反，考生會被扣分，甚至被取消考試資格。若考生於測驗或考試作弊，考生會被取消考試資格，校方亦會依相關校規懲處。
11. 由於學業成績是決定學生升班或留班的重要參照，故學生務必出席所有測驗或考試。如考生因嚴重身體不適而未能應考，須致電校方，並在復課後將醫生證明書送交班主任。未能遞交醫生證明書者，缺席考卷將當作零分計算。
12. 考生若缺席測驗或考試，校方可依據考生的補考、平日測驗、持續評估及/或以往測考成績定出「估計成績」。